The Fitness Center Reimbursement Program provides up to a $20 monthly reimbursement when you use your fitness center a minimum of 12 days per month.

Member FAQ
Q. How do I get signed up for the fitness center reimbursement through Sanford Health Plan?
A. Follow these steps:
1. Check with your employer to find out if the fitness center reimbursement is included in your employee health benefits.
2. Go to NIHCArewards.org to enroll online.
   Under “Member Options”, click “First Time Enrollment” and select Sanford Health Plan from the drop down menu. Search for your fitness center location by zip code. If your gym does not appear in the results, try increasing the search radius. Select your club and click “Enroll Online.” Read and agree to the terms of service.
3. Enter your contact, health plan and banking information and click “Submit.”
   
   Reminder for members with covered spouses: Your workouts will be credited toward your insured number and your covered spouse’s workouts will be credited toward their insured number, with a maximum monthly reimbursement of $40.
Q. How and when will I be reimbursed?
A. Ask your fitness center about their reimbursement method. Most participants receive an automatic deposit into a bank account on or around the 21st of the following month.

Q. What if my club’s monthly fees are less than $20 per month?
A. If your monthly membership is less than $20, your credit would reflect the amount you pay per month. For example, if your monthly membership fee is $9, you would then be credited $9 each month that you work out 12 days.

Q. I belong to a fitness center with multiple locations. Can I work out at any location and still have it count toward my 12 days per month requirement?
A. Only workouts that take place at the location where you first enroll will count toward your monthly credit. You must decide on a “home” fitness center.

Q. What if I don’t receive my reimbursement?
A. You can see the status of your reimbursements in your member account at NIHCArewards.org. If there was an error that needs to be resubmitted, contact your fitness center.

For assistance with other errors, contact Sanford Health Plan at (844) 742-0014. Errors must be resolved by February 8 of the following year. It is your responsibility to ensure your gym visits are recorded and payments are received.

Q. What if I terminate my fitness center membership?
A. If you voluntarily cancel your fitness center membership or if you become delinquent in your membership dues, you will not be eligible for reimbursements. If you move your gym membership to a new facility, log on to NIHCArewards.org and select your new gym to continue receiving reimbursements.