

Over-the-Counter Health Care Products Drugs and Medicines Eligible Without an Rx

OTC Drugs and Medicines Now Eligible Without a Prescription!

The CARES Act permanently reinstates coverage of over-the-counter drugs and medicines **without a prescription!** In addition, qualifying expenses also now include menstrual care products.

When is this effective?

The change is effective for expenses incurred on or after January 1, 2020.

What types of drugs and medicines are eligible without a prescription?

Thousands of products are now eligible without a prescription. Examples include allergy medicines, antacids, cold, cough and flu medicine, pain and fever relievers, sleep aids, stomach and digestive aids, etc. Other products remain eligible as in the past such as contact lens solutions, birth control items, blood pressure monitors, diabetic supplies, first aid kits, sunscreen, thermometers, vaporizers, walking aids, etc. See next page.

Can I change my health care FSA election?

Although you cannot change your election now, you can still submit claims for any expenses you incurred January 1, 2020 or later. At your next open enrollment, you can make a new election taking these eligible expenses into consideration.

How can I submit claims?

You can submit claims via mobile app, online or by completing a claim form and faxing toll-free.

What type of documentation should I submit with my claim?

Just provide a copy of the merchant itemized receipt that shows:

- ◆ Merchant name
- ◆ Date of purchase
- ◆ Itemized description of each product purchased
- ◆ Dollar amount paid for each item

Can I use my ASIFlex or other employer debit card to purchase OTC products?

Yes. However, please keep in mind that this may not be available immediately. Merchants will need to update their systems which will take a few weeks or more. In the meantime, simply save the merchant itemized receipt and submit a claim to be reimbursed.

Which merchants will accept health plan debit cards?

It is anticipated that the same merchants who accept cards now for general OTC health care products will accept the card for OTC drugs and medicines.

IMPORTANT NOTICE - Due to current health care warnings across the nation, mailed claims received by ASIFlex will remain unopened for three days. You can avoid delays by submitting claims electronically.

Manage your account online!

Register your account at ASIFlex.com to see your account statement and balance, submit claims, and read secure messages.

Call to action!

Update your personal account setting to be sure you are signed up to receive email and text alerts, and sign up for direct deposit reimbursements.

Get the ASIFlex app!

- Submit claims.
- Submit documentation.
- Access your balance and account statement.

Search ASIFlex Self Service and download the app today.



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Over-the-Counter Health Care Products, Drugs and Medicines

Eligible Without a Prescription

General OTC Health Care Products	OTC Drugs and Medicines
Athletic Braces & Supports Baby Monitors, Thermometers, Nasal Aspirators Bandages, Tape, Gauze & Pads Birth Control, Pregnancy & Fertility Kits Breast Pumps & Accessories Blood Pressure Monitors Contact Lens Solutions, Cases & Rewetting Eye Drops Denture Adhesives & Cleansers Diabetic Supplies, Monitors, Test Strips, Insulin Eye Glass & Lens Cleaners, Reading Glasses First Aid Kits, First Aid Treatments & Supplies Glucosamine Supplements, Glucose Tablets Hearing Aid Batteries Home Medical Equipment Heating Pads, Hot & Cold Packs Home Diagnostic Kits, Tests & Devices Incontinence Products, Catheters, Ostomy Supplies Lip Balm SPF 15+ and broad spectrum Medical Monitors & Testing Devices Menstrual Care Products Motion Sickness Aids & Wristbands Orthopedic & Surgical Supports Pill Boxes, Cutters, Sorters & Organizers Prenatal Vitamins Shoe Insoles & Inserts Sunscreen & Lip Balm SPF 15+ and broad spectrum Thermometers, Vaporizers & Inhalers Walking Aids, Canes, Crutches & Wheelchairs	Acne Treatments Allergy Medicine Antacids & Acid Controllers Anti-Fungal Treatments Anti-Itch Treatments Antiparasitic & Lice Treatment Aspirin & Baby Aspirin Callus & Corn Removers Chest Rubs Children's Cold & Allergy Medicines Cold Sore Treatments Cough Drops & Spray Cough, Cold & Flu Medicine Diaper Rash Cream Ear Drops & Wax Removers External Pain Relievers Eye Drops Fever and Pain Relievers Hemorrhoidal Treatments Laxatives Nasal Spray Nicotine Gum & Patches Oral Pain Relievers Pain Relieving Creams & Pads Sleep Aids Stomach & Digestive Aids Topical Skin Treatment Wart Removers